



Where Triangle Olympus Leisure Centre, Triangle Way, Burgess Hill, RH15 OWA

When Sunday 14th October 2018

Start Juniors and Seniors 1pm (registration at 12.45pm)
Diddy Deshi 3pm (registration at 2.45pm)

Finish Finish at 5pm (after bow off and group presentations)

If you wish to be put forward for the grading you are required to:

- Detach and fill out the form below and return it to your instructor before Monday 8th October 2018
- Have joined the school by paying the life membership (see back page)
- Have paid the grading fee (see back page)

Please ensure that all students:

1. Arrive at the correct time (note the later start time for Diddy Deshi students)
2. Wear a clean Karate suit (Gi) with the school badge sewn on
3. Bring all your sparring kit with you (Shin Pads / Mitts or Gloves / Body Armour)

On arrival:

Register your arrival at the desk and hand in any outstanding fees / licences. Please note that ideally you should pay before the day.
Please ensure you arrive 15 minutes before the start time.

The warm up will take place in your allotted group. After the formal grading there will be a warm down, and students will be informed whether or not they have passed.

Karate belts and stars will be presented to those achieving appropriate grades at the end of the grading.

Spectators:

Parents, relatives and friends are all welcome to attend. A seating area will be available.

Grading System			
Diddy Deshi Grades		Junior and Senior Grades	
10 th Kyu	Blue	10 th Kyu	Blue
9.5 Kyu	Blue and 1 yellow star	9 th Kyu	2 nd Blue
9 th Kyu	Blue and 2 yellow stars	8 th Kyu	Yellow
8 th Kyu	Yellow	7 th Kyu	2 nd Yellow
7.5 Kyu	Yellow and 1 green star	6 th Kyu	Green
7 th Kyu	Yellow and 2 green stars	5 th Kyu	2 nd Green
		4 th Kyu	Purple
		3 rd Kyu	2 nd Purple
		2 nd Kyu	Brown
		1 st Kyu	2 nd Brown



Name:

Age (if below 18):

Current Grade:

Grade Going For:

Instructor:

Dojo:

Postal Address:

Mobile Number:

Email Address:

Alternative mobile number:

**Medical
Conditions or
Concerns:**

Payment Enclosed:
(Specify amount and method of payment)
Cheques payable to Ryushinkan Karatedo

I understand that photos will be taken at the Grading event. By ticking this box I give my permission for any photos of myself or my child taken at the Grading event to be used on the Ryushinkan Website, Facebook site and promotional materials

Fees Payable before Grading

Life membership for new members

To join the school you must complete a membership form available from your instructor, and submit it to them along with your monthly payment, two passport photos, and a fee of £20. This fee is a one-off payment for life membership.

You then become a member and are eligible to grade.

Grading fee for all members

Once you have paid your life membership you may then pay the grading fee:

- Diddy Deshi : Grading to a new colour belt: £25
- Diddy Deshi : Grading for 1 star: £12.50
- All Junior and Senior Grades: £25

This fee is paid each time you grade (3 times a year maximum).

Cheques should be made payable to RYUSHINKAN KARATEDO

Paying the fee

The fee must have been paid on or before the day of the grading. The fee, along with your licence / temporary licence, must be submitted to your instructor, or brought with you on the day of the grading. Diddy Deshi and Junior licences are retained by the school.

If you have any queries with regard to payments or licences please talk to your instructor.

Etiquette and Attitude for the grading

1. Be clean.
2. Have a clean karate suit (Gi) and sparring kit
3. Wear no jewelry or watches.
 - If you have a ring that you can't remove, then put tape round it.
4. Long hair must be tied back.
5. Finger and toe nails must be cut short.
6. Any clothing should be soft (i.e. have no pins or pointed catches).
7. Have the correct attitude i.e. awareness, concentration, intention to give 100% effort.
8. Don't be late (if you are late, kneel at the back of the dojo until you are told to start).

During Training

1. Show attention and awareness at all times (no talking).
2. Be aware of those around you for both their protection and to protect yourself from others.
3. All actions must be controlled, and there must be minimum 'touch' contact only.
4. Practice every technique with attention to detail.
5. Don't slump. If sitting keep the legs crossed or kneel down.
6. Don't talk unless to ask a relevant question of an instructor.
7. Give instant response to the teacher. Respond to commands with 'Hai Sensei', run into position and back.
8. Bow in response to individual commands to Sensei or if you ask a question of them
9. Humor has its place, but mostly internally and in a restrained manner.
10. During the line up; if you join or leave the lines do so around the For safety reasons, don't leave the Dojo without informing the instructor.